Paper signs (heart, lungs, body), red and blue cards or stickers.

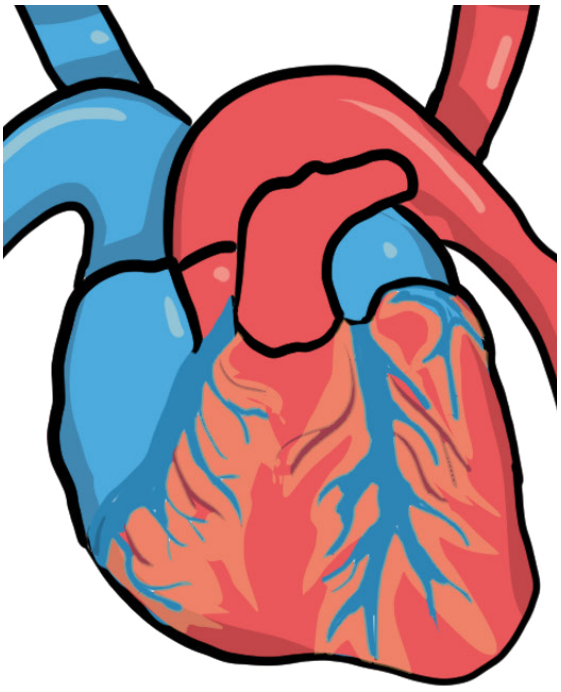
How it works:

- Place signs around the room: heart, lungs, body.
- Some children have red cards (oxygenated blood) and some blue cards (deoxygenated blood).
- Children "travel" like blood:

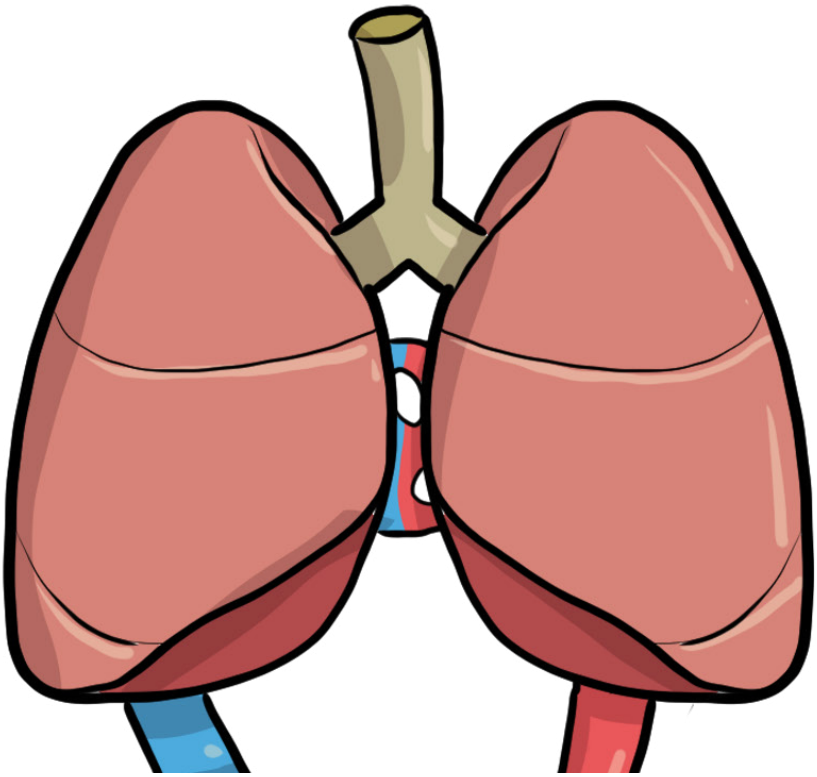
1. blue blood → heart → lungs
2. lungs (turn blue cards to red) → heart → body
3. body (swap red cards for blue) → heart → lungs

- Explain each stage as you move.

heart



lungs



body

